

DRUG & ALCOHOL OVERDOSE

NOT Moving but **IS** Breathing

Turn them over onto their side

Continually check they are breathing

NOT Moving & **NOT** Breathing

Try to get a response

Start CPR
Do 30 compressions on their chest

Tilt their head and give two breaths

Look out for your mates
Don't let anyone be alone



Signs & Symptoms are different for everyone



Delay could be DEADLY!

**CALL THE
AMBULANCE ON
000**



Remember.....

Ambulance officers DO NOT tell the police that you or your friends have taken drugs

You have NOTHING to fear by calling the paramedics for help, and you may save a friend's life