

CONCUSSION

Ensure the safety of everyone
Call the ambulance on Triple Zero (000)

Signs – visible clues:

Errors in response/repeating questions



Loss of consciousness



Uncoordinated
Disoriented



Incoherent
speech



Not aware of events
Confused



Memory loss



Dazed or stunned
Vacant stare

Symptoms – casualty feels:

Emotional e.g. sad or nervous



Dizziness
Headache or
"pressure" in the head



Cannot
concentrate



Sensitivity to light
and/or noise



Ringing in
the ears



Tired
(fatigued)



Sick/Nauseous
Vomiting

1. RECOGNISE

2. REMOVE OR STOP

3. REFER

Stop activity around them – Immediate DRSABCD – Do not move – Spinal immobilisation – Verbally assess
Ask questions – Check responses – Establish condition

CONCUSSION

CALL 000

UNCONSCIOUS

ASSESS FOR SPINAL INJURY SYMPTOMS

NO

Remove from area
Keep still and at rest
Do not leave alone

YES

Stop – Keep still
Keep the neck and
spine aligned



Take note of symptoms: When – How long – How bad – Record if possible

Monitor – Refer to a medical professional – Provide a report

Treat other injuries as required – Ensure parents/carers are contacted if a minor

Treat as for
spinal injury

Gain assistance if possible

Assess
airway/breathing

Not breathing normally:
CPR

Breathing normally:
Align and immobilise
spine/neck

Gently roll on his/her side
Ensure airway is clear

FOR CONCUSSION AND UNCONSCIOUSNESS, NO MATTER HOW BRIEF – CALL 000 – REQUEST AN AMBULANCE