



Childhood Illnesses

Ensure the safety of everyone
Call the ambulance on Triple Zero (000)



Signs and symptoms vary, some or all may be present, seek urgent medical assistance.

Meningococcal Signs and symptoms

- fever/headache
- irritability / fretfulness
- refusing to feed / loss of appetite
- neck stiffness / sore and aching
- extreme tiredness / floppiness / collapse
- grunting / moaning /slurred speech
- nausea / vomiting / diarrhoea
- eyes sensitive to light
- convulsions / twitching
- rash of red / purple pinprick spots or large bruises



Meningitis Signs and symptoms

- eyes sensitive to light
- neck stiffness/joint pain
- drowsiness
- vomiting
- fever/headache
- blotchy skin or rash - does not fade with pressure



Epiglottitis Signs and symptoms

- sore throat/difficulty swallowing
- difficulty talking
- hoarse voice
- fever
- very sick looking
- drooling
- stridor



Croup Signs and symptoms

- usually starts with a cold
- noisy, high pitched breathing
- harsh barking cough
- difficulty breathing



Whooping Cough Signs and symptoms

- severe cough occurs in bouts
- 'whooping' sound breathing in
- vomiting after a coughing bout
- stop breathing momentarily and may turn blue



Mumps Signs and symptoms

- fever
- headache
- fatigue
- weight loss
- pain when swallowing
- swollen glands (in front of ear)



Tonsilitis Signs and symptoms

- sore throat/difficulty swallowing
- swollen glands under each side of jaw
- fever
- bad breath
- swollen tonsils may even have white or yellow pus



Ear Infection Signs and symptoms

- pulling at ear
- partial hearing loss
- irritability
- fever
- loss of balance
- loss of appetite



Bronchitis Signs and symptoms

- sore throat/blocked nose
- fever and chills/aches and pains
- tiredness/headaches
- difficulty breathing
- tight chest/wheeziness
- dry cough, then cough with phlegm



Measles Signs and symptoms

- fever and generally unwell
- runny nose
- dry cough
- sore red eyes
- red and bluish spots in mouth
- red spreading rash starts on face



Chicken Pox Signs and symptoms

- mild fever and generally unwell
- intensely itchy rash
- blisters start on body move to head and limbs
- possible ulcers in mouth
- blisters burst and form scabs



Worms Signs and symptoms

- itchy bottom
- restless sleep
- teeth grinding in sleep

