



Signs & Symptoms

Vary from person to person, so may be any of the following:

Shortness of breath
Wheezing
Tight chest
Persistent cough

Mild

Cough

Minor difficulty breathing
No difficulty speaking in sentences

Moderate

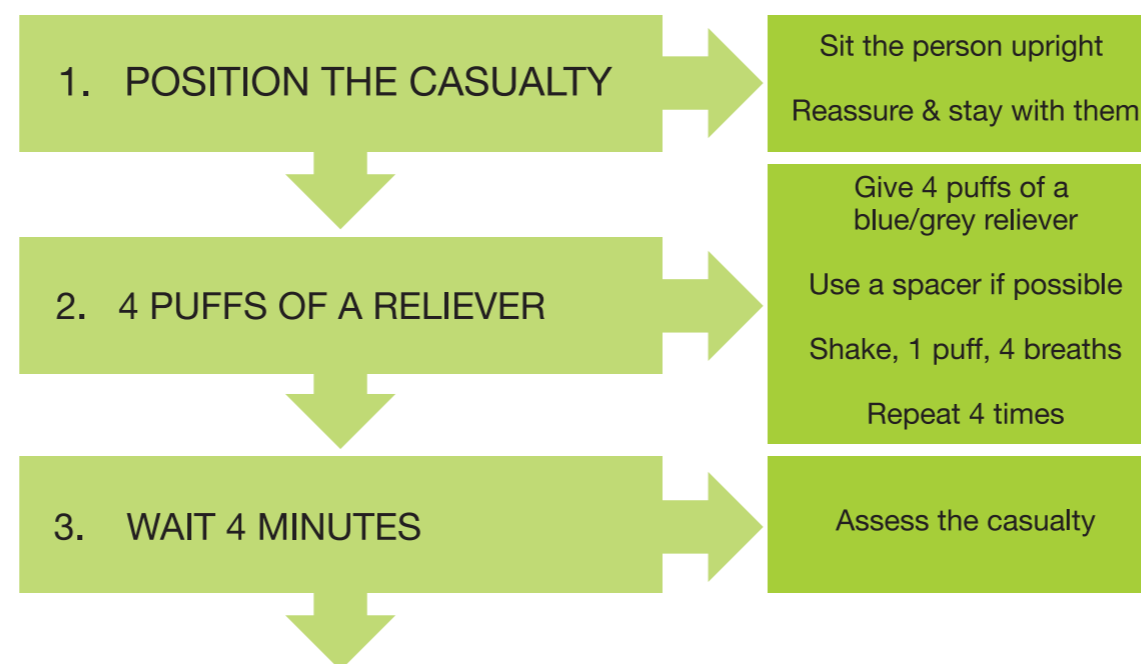
Persistent cough
Obvious difficulty breathing
Able to speak in short sentences only

Severe & Life Threatening

Gasping for breath
Pale and sweaty
May have blue lips
Speaks only a few words in one breath

First aid for an asthma attack

For known asthmatics follow personal action plan if available



**CALL TRIPLE ZERO (000)
say "Asthma Emergency"**

**also....
Urgently Provide
Asthma Treatment**

Repeat until help arrives
or asthma is relieved